

OCTOBER



(SAT) 4TH -HARVESTING MAGIC: SACRED CRAFTING
11:00 AM - 2:00 PM & 3:00 PM - 6:00 PM
W/ BROOKE & CHRISTIE

(SUN) 5TH -SHAMANIC REIKI SOUND JOURNEY
FIRE ELEMENT 11:00 AM - 2:00 PM & 3:00 PM - 6:00 PM
W/ BROOKE

(TUE) 7TH -ADAPTIVE YOGA
11:00-12:00 PM W/ ALTHEA

-BLISSFUL BALANCE YOGA
5:30-6:45 PM W/ ALTHEA

(TUES) 14TH -ADAPTIVE YOGA
11:00-12:00 PM W/ ALTHEA

-BLISSFUL BALANCE YOGA
5:30-6:45 PM W/ ALTHEA

(THUR)16TH -SOUND BATH 7:00-8:00 PM W/ EMILY

(SAT)18TH -SACRED SISTERHOOD 4:00 PM - 7:00 PM
W/ ALTHEA & JENNY

(SUN)19TH -MOON VILLAGE 2:00 PM - 4:00 PM
W/SAMANTHA

(TUES)21ST-ADAPTIVE YOGA
11:00-12:00 PM W/ ALTHEA

-BLISSFUL BALANCE YOGA
5:30-6:45 PM W/ ALTHEA

(WED)22ND -REIKI SOUND BATH 7:00-8:30 PM
W/ DEE

(TUES)28TH -ADAPTIVE YOGA
11:00-12:00 PM W/ ALTHEA

-BLISSFUL BALANCE YOGA
5:30-6:45 PM W/ ALTHEA